



## Price List & General Information 2026

| Face-to-Face   | Face-to-Face Programme Description            | Hours/week | Price/week |
|----------------|-----------------------------------------------|------------|------------|
| Intensive Plus | Intensive training 4 hrs/day Monday to Friday | 20hrs      | £1960      |
| Ultra          | Intensive training 5 hrs/day Monday to Friday | 25hrs      | £2450      |

| Online            | Online Programme Description                                | Price/package |
|-------------------|-------------------------------------------------------------|---------------|
| 5 Lesson Package  | 5 hours one-to-one online training with Director Sue Johns  | £290          |
| 10 Lesson Package | 10 hours one-to-one online training with Director Sue Johns | £560          |
| 15 Lesson Package | 15 hours one-to-one online training with Director Sue Johns | £810          |
| 20 Lesson Package | 20 hours one-to-one online training with Director Sue Johns | £1040         |

| Transfers       | Transfer Information                                              | Price/journey |
|-----------------|-------------------------------------------------------------------|---------------|
| Birmingham BHX  | Our nearest airport, approximately 45 minutes' drive to Worcester | £130          |
| EMA/LHR/MAN/BRS | These airports are 1.5 to 2 hours' drive to Worcester             | £225          |
| LGW / STN       | Gatwick and Stansted are 2.5 to 3 hours' drive to Worcester       | £295          |
| Train Stations  | Worcester Foregate and Shrub Hill stations - Free meet & greet    | £ nil         |

**Class Sizes :** All training is one-to-one (individual) which means a class size of 1. If you would like to come with a friend, relative or colleague then you can share the cost of the training programme.

**Participant Ages :** Minimum age 25 years; typical ages are from 35-75 years. No teenagers at all.

**Dates :** Open all year round and you can start and finish on any day of the week. No need to travel at peak times! We are closed on UK public holidays; there is no training and we don't charge for these days.

**Accommodation :** We recommend either a self-catering apartment which you can find through an internet search or site such as Airbnb, or a local hotel in Worcester (recommendations on our website) We are happy to help with arrangements for either of these options.