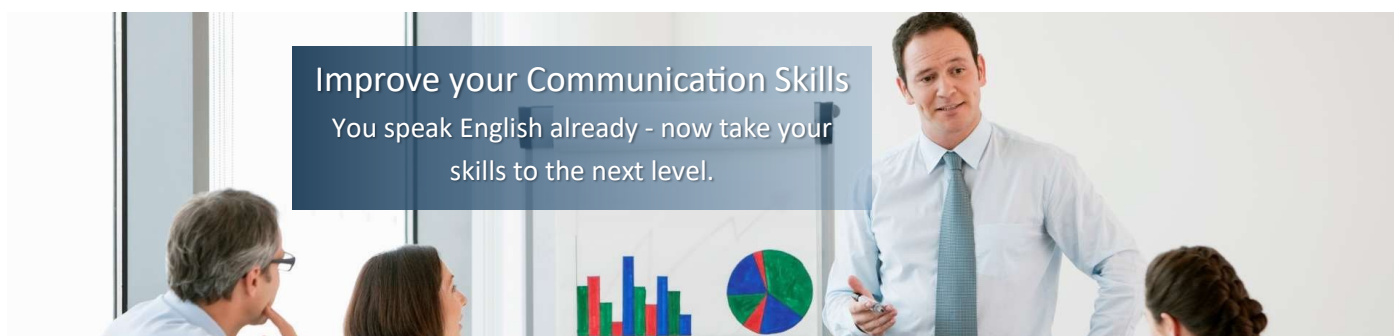




Price List & General Information 2026

Programmes	Programme Description	Hours/week	Price/week
Intensive	Intensive training 3 hrs/day Monday to Friday	15hrs	£1470
Intensive Plus	Intensive training 4 hrs/day Monday to Friday	20hrs	£1960
Ultra	Intensive training 5 hrs/day Monday to Friday	25hrs	£2450
Weekend	Intensive training 12 hrs on Saturday and Sunday	12hrs	£1395

Accommodation	Accommodation Description	Price/week
Executive Homestay	Your own bedroom and private bathroom in a superior grade home	£385
Hotels	There is a choice of hotels in the city centre, 2-15 minutes walk away	Various

Transfers	Transfer Information	Price/journey
Birmingham BHX	Our nearest airport, approximately 45 minutes' drive to Worcester	£130
EMA/LHR/MAN/BRS	These airports are 1.5 to 2 hours' drive to Worcester	£225
LGW / STN	Gatwick and Stansted are 2.5 to 3 hours' drive to Worcester	£295
Train Stations	Worcester Foregate and Shrub Hill stations - Free meet & greet	£ nil

Class Sizes : All training is one-to-one (individual) which means a class size of 1. If you would like to come with a friend, relative or colleague then you can share the cost of the training programme.

Participant Ages : Minimum age 25 years; typical ages are from 35-75 years. No teenagers at all.

Dates : Open all year round and you can start and finish on any day of the week. No need to travel at peak times! We are closed on UK public holidays; there is no training and we don't charge for these days.